

HELMET CARE

SIZING CHART

Never buy a used helmet or borrow someone else's helmet. Over time the protective foam in helmets will adjust to the contours of a user's head. A used or borrowed helmet may not offer as much protection as a new helmet.

HELMET SIZE CONVENTION CHART

The size chart is only for reference. Always try the helmet on and follow this manual's instructions for a proper fit.

SIZE	CENTIMETER	HAT SIZE	INCHES
XXS	51-52	6 3/8 - 6 1/2	20 - 20 1/2
XS	53-54	6 5/8 - 6 3/4	20 7/8 - 21 1/4
S	55-56	6 7/8 - 7	21 5/8 - 22
M	57-58	7 1/8 - 7 1/4	22 1/4 - 22 7/8
L	59-60	7 3/8 - 7 1/2	23 1/4 - 23 5/8
XL	61-62	7 5/8 - 7 3/4	24 - 24 3/8
2XL	63-64	7 7/8 - 8	24 3/4 - 25 1/4
3XL	65-66	8 1/8 - 8 1/4	25 5/8 - 26
4XL	67-68	8 3/8 - 8 1/2	26 3/8 - 26 3/4

HELMET SIZE CHART – RPHA SERIES and FG-JET

SIZE	CENTIMETER	HAT SIZE	INCHES
XS	54-55	6 3/4 - 6 7/8	21 1/4 - 21 5/8
S	55-56	6 7/8 - 7	21 5/8 - 22
M	57-58	7 1/8 - 7 1/4	22 1/2 - 22 7/8
L	58-59	7 1/4 - 7 3/8	22 7/8 - 23 1/4
XL	60-61	7 1/2 - 7 5/8	23 5/8 - 24
2XL	62-63	7 3/4 - 7 7/8	24 3/8 - 24 3/4
3XL	64-65	8 - 8 1/8	25 1/4 - 25 5/8

YOUTH SIZE

SIZE	CENTIMETER	HAT SIZE	INCHES
YOUTH S	49-50	6 1/8 - 6 1/4	19 1/4 - 19 3/4
YOUTH M	51-52	6 3/8 - 6 1/2	20 - 20 1/2
YOUTH L	53-54	6 5/8 - 6 3/4	20 7/8 - 21 1/4
YOUTH XL	55-56	6 7/8 - 7	21 5/8 - 22